

## Coaching Families to a Stronger Financial Future

Miguel Stoupignan is an unwavering optimist and problem solver. As one of our seasoned financial coaches, Miguel works one-on-one with Foundation Communities residents and Austin community members to strengthen their financial stability. Miguel meets with clients who are struggling to make ends meet. They come to him extremely concerned about their financial future.

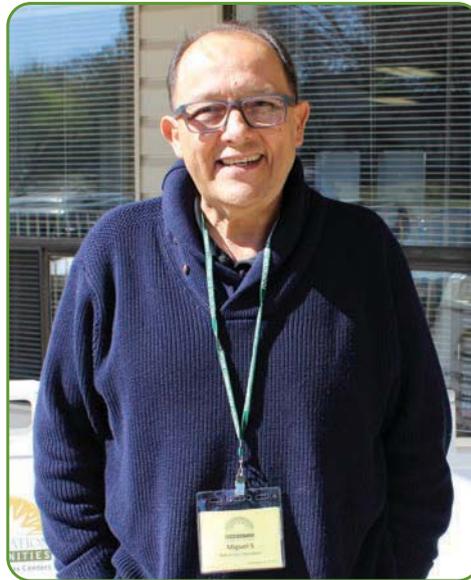
Miguel shares with clients the advice his father gave to him as a child. "There is no problem you can't solve – it's just a matter of time," he said. "Make an action plan."

Creating an action plan is where Miguel can help. Like our other volunteer financial coaches, Miguel meets regularly with his clients to understand their financial situations. Then, they work collaboratively to figure out how to manage tight budgets, reduce debt, improve credit, and set achievable short-term and long-term goals. Understandably, discussing financial decisions is stressful for many people.

"To me, talking about money is emotional, just like any other problem in life," Miguel said. "The clients want to open their hearts to you."

When first meeting with clients, Miguel said his main objective is to establish a meaningful, personal connection. This approach, along with his positive

outlook, is what makes Miguel such an effective financial coach. He gets to know his clients in order to help them implement the right solutions and, ultimately, change their lives.



Becoming a financial coach was a natural fit for Miguel. After several years in the restaurant business, he now works as a consultant for companies of all sizes. Miguel stays busy with his consulting business and his family, but he has been a dedicated Foundation Communities volunteer for the last three years.

In addition to volunteering as a financial coach, Miguel also serves as a small business coach, credit counselor and tax preparer.

He carves out time weekly to volunteer, which he said is as beneficial for him as it is for the folks he serves. "You are doing something to solve a problem, which is satisfying, and you are making friends," Miguel said.

Miguel has no plans on slowing down any time soon and jokes that he won't retire until 2060. He also

encourages others to find the volunteer opportunity with Foundation Communities that best fits them.

"It's going to complete you," he said. "You learn a lot, not only because of the issue at hand, but because of the clients."

## Become a Financial Coach!



Want to help families improve their financial stability? As a financial coach, you'll work one-on-one with our residents and neighbors to empower them with the financial tools they need to manage a tight budget, reduce their debt and improve their credit scores. We provide all the training you need.

**For more information, contact Nick Banach at [Nick.Banach@foundcom.org](mailto:Nick.Banach@foundcom.org) or 512-610-7396.**

## Insure Central Texas Enrolls Thousands



We're very excited to announce that our Insure Central Texas program enrolled more than 10,000 individuals in affordable health insurance plans during the first two enrollment seasons. A heartfelt thank you to our 100+ volunteers who dedicated thousands of hours to help their friends and neighbors find peace of mind for the future. Thank you also to Congressman Lloyd Doggett for his ongoing support of our work.

**Still have health insurance questions? Visit [www.InsureCentralTX.org](http://www.InsureCentralTX.org) for more information.**



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Foundation Communities provides attractive, affordable homes and free on-site support services for thousands of working families with kids, as well as veterans, seniors, and individuals with disabilities. We offer an innovative, proven model that empowers our residents and neighbors to achieve educational success, financial stability, and healthier lifestyles. We own and operate 18 properties all over Austin and in North Texas.

## Free Tax Prep & Filing!

- Free to households up to \$50K/yr
- IRS-certified volunteer preparers
- 5 convenient locations
- Appointment or walk-in
- Fast refund with e-file



For locations and hours call 2-1-1 or visit [CommunityTaxCenters.org](http://CommunityTaxCenters.org)

## Foundation Communities Updates



### We rocked Amplify Austin!

Thanks to our INCREDIBLE Team Leaders and supporters, we raised \$102,340 during Amplify Austin's 24-hour day of giving! A very special thank you to our steadfast community partner St. David's Foundation for providing additional match funds. And, thank you to Alori Properties for a generous \$5,000 challenge grant.

We look forward to expanding our signature on-site education, financial stability, and health programs at the 5 new communities we've got in the works over the next few years. THANK YOU to everyone who participated in this amazing effort. We are beyond grateful!

### Homestead is Springing Up in Southwest Austin

We're making great progress on construction at Homestead, our newest family community in southwest Austin. Framing of the first two stories and the classrooms in our Learning Center is done. Now you can really see the building taking shape! We especially love looking out the apartment windows at 500 beautiful old oak trees. We can't wait to welcome 140 families to Homestead later this year.

### Helping Students Achieve Their Dreams

Each year, our free Cash for College program assists more than 1,000 local students with the financial aid process so that they can fulfill their academic potential.

If you or a student in your life has questions about financial aid, please contact our Cash for College program at 512-610-4012.

