



Job Announcement Fitness Instructor

Foundation Communities (FC) is a nationally-recognized nonprofit organization that provides affordable housing and the tools low- and moderate-income families need to improve their educational and economic standing. FC provides on-site health and wellness programming for the entire family, including access to healthy food pantries, blood pressure screenings, health and nutrition classes, and physical activity programs such as Zumba, Yoga, and Bootcamp.

Position Reports To: Health Program Supervisor

Job Description: The Fitness Instructor provides on-site group exercise instruction to Health Initiatives program participants at our family and efficiency studio communities in North and South Austin. We are currently recruiting experienced fitness instructors trained in any of the following class formats: *Zumba, Zumba Gold, Aerobics, Bootcamp, Belly Dancing, Turbo Kick, and Tai Chi*. The ideal candidate will have a passion for community health and wellness and be motivated to deliver high-quality, culturally sensitive fitness instruction to vulnerable populations. This position is part-time hourly. Fitness Instructors typically work Monday-Thursday (mornings/afternoons, 10am-3pm, or evenings, 6:30pm-8:30pm) with some variation.

Primary Duties:

- Ensure a safe and welcoming environment for fitness participants from various backgrounds and skill levels, ages 18+
- Provide high-quality, culturally sensitive fitness instruction including modifications to exercise routines when necessary
- Manage and maintain class sign-in sheets
- Opening/closing duties at worksite(s)
- Assist with room set-up and break-down before and after class
- Establish and maintain on-going communication with Health Program Supervisor, Health Initiatives Manager, and FC childcare providers (where applicable)
- Demonstrate and promote punctuality

Minimum Qualifications

- Current certification or proof of exercise training course completion
- Prior experience teaching group fitness classes
- High School Diploma or Equivalent
- Reliable means of transportation
- Prior experience working with and/or an awareness of the challenges faced by economically disadvantaged families
- CPR/First Aid Certified preferred
- Bilingual (English/Spanish) preferred at some locations
- Bilingual (English/Arabic) a plus

Compensation: Starting at \$23/hour

To Apply: Send résumé, cover letter, and availability to natalie.peluso@foundcom.org. No phone calls, please.