

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Happy New Year! FC Closed	2	3 Food Pantry – SWT 11am-1pm	4 Food Pantry – TP 12-2pm	5 Food Pantry – SR 12-2pm	6 Keep Austin Fed – SWT 10-11am	7 Keep Austin Fed – VC 11am-12pm
8 Food Pantry HO - 12-2pm LS – 12:30-2:30pm	9 Diabetes & Chronic Disease Class – SV (Spanish) 11:30am- 1:30pm	10 Food Pantry DA10:30am-12:30pm VC – 5:30-7:30pm	11	12 Food Pantry MS – 12-2pm SV – 5:30-7:30pm Stress Reduction Class (MS) 2-3pm	13 Keep Austin Fed – SWT 10-11am	14
15 Martin Luther King FC Closed	16 Diabetes & Chronic Disease Class – SV (Spanish) 11:30am- 1:30pm	17 Food Pantry SWT – 11am-1pm	18 Food Pantry TP – 12-2pm	19 Food Pantry SR – 12-2pm	20 Keep Austin Fed – SWT 10-11am	21 Keep Austin Fed- VC 11am-12pm
22 Food Pantry LS – 12:30-2:30pm Yoga –HO 6:30-7:30pm Zumba – TP 6:30 – 7:30pm	23 Zumba – SV 11:00am-12:00pm Diabetes & Chronic Disease Class – SV (Spanish) 11:30am- 1:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7:30-8:30pm	24 Food Pantry DA10:30am-12:30pm VC – 5:30-7:30pm Yoga – CR & TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	25 Zumba – TP, SR, SWT 6:30-7:30pm Belly Dancing – LS 6:30-7:30pm Zumba – VC 7:30-8:30pm TurboKick – HO 6:30-7:30pm	26 Food Pantry MS – 12-2pm SV – 5:30-7:30pm	27 Keep Austin Fed – SWT 10-11am	28
29 Food Pantry HO – 12-2pm Yoga – HO 6:30-7:30pm Zumba – TP 6:30 – 7:30pm	30 Zumba – SV 11:00am-12:00pm Diabetes & Chronic Disease Class – SV (Spanish) 11:30am- 1:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7:30-8:30pm	31 Yoga – CR & TP 6:30-7:30pm Zumba – HO 6:30-7:30pm		Property Key: CR – Crossroads DA – Daffodil HO – Homestead Oaks LS – Lakeline Station MS – M Station SR – Sierra Ridge SV – Sierra Vista SWT – Southwest Trails TP – Trails at the Park VC – Vintage Creek	 <p>FOUNDATION COMMUNITIES GREEN & HEALTHY</p> <p>get fit • eat healthy • go green</p>	<h1>January 2018</h1>

EVENTS

PreK3 Family Night – SV (Jan. 9th)
How to get your child to eat healthy food.