

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>March</b>	<b>2018</b>		<b>1</b> Food Pantry-TP 12-2pm Zumba – TP, SR, SWT 6:30-7:30pm Aerobics – HO 6:30-7:30pm Zumba – VC 7:30-8:30pm	<b>2</b> Food Pantry – SR 12-2pm	<b>3</b> Keep Austin Fed – SWT 10-11am	<b>4</b> Keep Austin Fed – VC 11am-12pm
<b>5</b> Food Pantry HO - 12-2p Yoga – HO 6:30-7:30pm Zumba – TP 6:30– 7:30pm Diabetes & Chronic Disease Class –DA (Spanish) 4 of 6 6:30-8:30pm Adult Nutrition Class 2 of 8 – SWT 6-7:30pm	<b>6</b> Zumba – SV 11:00am-12:00pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7:30-8:30pm	<b>7</b> Food Pantry SWT- 11am-1pm Belly Dancing – LS 10:30-11:30am Walking- MS 11am Yoga – CR & TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	<b>8</b> Zumba – TP, SR, SWT 6:30-7:30pm Aerobics – HO 6:30-7:30pm Zumba – VC 7:30-8:30pm	<b>9</b> Food Pantry MS – 12-2pm SV – 5:30-7:30pm	<b>10</b>	<b>11</b>
<b>12</b> Food Pantry LS – 12:30-2:30pm <b>SPRING BREAK            NO FITNESS CLASSES</b>	<b>13</b>	<b>14</b> Food Pantry DA- 10:30am-12:30pm	<b>15</b> Food Pantry TP – 12-2pm	<b>16</b> Food Pantry SR – 12-2pm	<b>17</b> Keep Austin Fed – SWT 10-11am	<b>18</b>
<b>19</b> Food Pantry HO - 12-2p Yoga – HO 6:30-7:30pm Zumba – TP 6:30– 7:30pm Diabetes & Chronic Disease Class –DA (Spanish) 5 of 6 6:30-8:30pm Adult Nutrition Class 3 of 8 – SWT 6-7:30pm	<b>20</b> Zumba – SV 11:00am-12:00pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7:30-8:30pm Family Cooking Class 1 of 6 (Common Threads) - SR 6:30-8:30pm	<b>21</b> Belly Dancing – LS 10:30-11:30am Walking- MS 11am Food Pantry SWT – 11am-1pm Stress Reduction Class SWT – 1-2pm Yoga – CR & TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	<b>22</b> Zumba – TP, SR, SWT 6:30-7:30pm Aerobics – HO 6:30-7:30pm Zumba – VC 7:30-8:30pm Nutrition Class TP – 7:30-8:30pm	<b>23</b> Food Panty MS – 12-2pm SV – 5:30-7:30pm	<b>24</b>	<b>25</b>
<b>26</b> Food Pantry-LS-12:30-2:30pm Yoga – HO 6:30-7:30pm Zumba – TP 6:30 – 7:30pm Class –DA (Spanish) 6 of 6 6:30-8:30pm Adult Nutrition Class 4 of 8 – SWT 6-7:30pm	<b>27</b> Zumba – SV 11:00am-12:00pm Nutrition Coaching SV – 12-1:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7:30-8:30pm Family Cooking Class 2 of 6- SR 6:30-8:30pm	<b>28</b> Belly Dancing – LS 10:30-11:30am Walking – MS 11am Food Pantry - DA- 10:30am-12:30pm VC- 5:30-7:30pm Yoga – CR & TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	<b>29</b> Zumba – TP, SR, SWT 6:30-7:30pm Aerobics – HO 6:30-7:30pm Zumba – VC 7:30-8:30pm Nutrition Class TP – 7:30-8:30pm	<b>30</b> <b>FC Holiday</b>  <a href="#">Check Us Out on Facebook: "HEALTH INITIATIVES for the FC COMMUNITY"</a>	<b>31</b> Keep Austin Fed – SWT 10-11am	<b>April 1</b> Keep Austin Fed – VC 11am-12pm

**LOCATION KEY:**

SWT – Southwest Trails

CR – Crossroads

TP – Trails at the Park

DA – Daffodil

VC – Vintage Creek

HO – Homestead Oaks

LS – Lakeline Station

MS – M Station

SR – Sierra Ridge SV – Sierra Vista

\*FREE Childcare ages 3 and up for all classes