

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Food Pantry – HO 3:30 – 5:30pm Family Cooking Class – DA 4-6pm	3 Family Stress Class – SV 3-4:30pm	4 Foundation Communities CLOSED for Independence Day	5 Walking – SV 7-9am Food Pantry TP – 3:30-5:30pm	6 Food Pantry SR – 10am-12pm	7	8 Keep Austin Fed – VC 11am-12pm
9 Food Pantry LS – 12:30-2:30pm Family Cooking Class – DA 4-6pm Bootcamp Fitness – LS 6-7pm Zumba – TP 6:30– 7:30pm	10 Food Pantry – CP 2-4pm Prescription/Opioid Abuse Class – SV 3-4:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	11 Food Pantry DA 10:30am-12:30pm Food Pantry VC – 5:30-7:30pm Yoga – CR & TP 6:30-7:30pm Zumba –CP & HO 6:30-7:30pm	12 Walking – SV 7-9am Zumba – TP, SR, SWT 6:30-7:30pm Aerobics – HO 6:30-7:30pm Zumba – VC 7:00-8:00pm	13 Food Pantry MS - 10am-12pm Food Pantry SV– 5:30-7:30pm	14 Keep Austin Fed – SWT 10-11am	15
16 Food Pantry HO – 3:30-5:30pm Family Cooking Class – DA 4-6pm Bootcamp Fitness – LS 6-7pm Zumba – TP 6:30– 7:30pm	17 Marijuana: Myths and Realities – SV 3-4:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	18 Food Pantry - SWT 11am-1pm Yoga – CR & TP 6:30-7:30pm Zumba – CP & HO 6:30-7:30pm	19 Walking – SV 7-9am Food Pantry TP – 3:30-5:30pm Zumba – TP, SR, SWT 6:30-7:30pm Aerobics – HO 6:30-7:30pm Zumba – VC 7:00-8:00pm	20 Food Pantry SR – 10am-12pm	21 Keep Austin Fed – SWT 10-11am	22 Keep Austin Fed – VC 11am-12pm
23 Food Pantry LS – 12:30-2:30pm Bootcamp Fitness – LS 6-7pm Zumba – TP 6:30– 7:30pm	24 Food Pantry – CP 2-4pm Signs of Drug Abuse – SV 3-4:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	25 Food Pantry DA 10:30am-12:30pm Food Pantry VC – 5:30-7:30pm Yoga – CR & TP 6:30-7:30pm Zumba – CP & HO 6:30-7:30pm	26 Walking – SV 7-9am Zumba – TP, SR, SWT - 6:30-7:30pm Aerobics – HO 6:30-7:30pm Zumba – VC 7:00-8:00pm	27 Food Pantry MS - 10am-12pm Food Pantry SV– 5:30-7:30pm	28 Health Fair SWT 9am-11am	29
30 Bootcamp Fitness – LS 6-7pm Zumba – TP 6:30– 7:30pm	31 Parent/Teen Relationships – SV 3-4:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm		JULY 2018			

LOCATION KEY:
SR – Sierra Ridge

CP – Cardinal Point CR – Crossroads DA – Daffodil
SV – Sierra Vista SWT – Southwest Trails TP – Trails at the Park

HO – Homestead Oaks LS – Lakeline Station MS – M Station
VC – Vintage Creek *FREE Childcare ages 3 and up for all classes