Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
GREEN & HEALTHY & get fit - eat healthy - go green	September 2018				Keep Austin Fed - SWT 10- 11am	2
Foundation Communities <u>CLOSED</u> for Labor Day	4 Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	Food Pantry – SWT 11am-1pm Family Small Bites– SR 6-7:30pm Yoga – TP 6:30-7:30pm Zumba – CP & HO 6:30-7:30pm	Walking – SV 7-9am Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30- 7:30pm Zumba – VC 7:00-8:00pm	7 Food Pantry – SR 10am- 12pm	8	9
Food Pantry – LS 12:30-2:30pm Bootcamp Fitness – LS 6-7pm Family Small Bites – DA 6-7:30 pm Zumba – TP 6:30-7:30pm	Stress Relief Painting – SV 11:15am-12:45pm Food Pantry – CP 2-4pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	Food Pantry – DA 10:30-11:30am Food Pantry – VC 5:30-7:30pm Family Small Bites – SR 6-7:30pm Yoga – TP 6:30-7:30pm Zumba – CP & HO 6:30-7:30pm	Walking – SV 7-9am Food Pantry – TP 12-2pm Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30- 7:30pm Zumba – VC 7:00-8:00pm Slim Down Showdown – HO 7:30-8:30pm	Food Pantry – MS 10am- 12pm Food Pantry – SV 5:30- 7:30pm	Keep Austin Fed – SWT 10- 11am	Keep Austin Fed - VC 11am- 12pm
Food Pantry – HO 12-2pm Bootcamp Fitness – LS 6-7pm Family Small Bites – DA 6-7:30pm Zumba – TP 6:30–7:30pm	Stress Relief Painting – SV 11:15am-12:45pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	Food Pantry – SWT 11am-12pm Family Small Bites – SR 6-7:30pm Yoga – TP 6:30-7:30pm Zumba – CP & HO 6:30-7:30pm	Walking – SV 7-9am Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30- 7:30p Zumba – VC 7:00-8:00pm Slim Down Showdown – HO 7:30-8:30pm	Food Pantry – SR 10am- 12pm	22	23
Food Pantry – LS 12:30-2:30pm Bootcamp Fitness – LS 6-7pm Family Small Bites – DA 6-7:30pm Zumba – TP 6:30–7:30pm	Stress Relief Painting – SV 11:15am-12:45pm Food Pantry – CP 2-4pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	Food Pantry – DA 10:30-11:30am Family Small Bites – SR 6-7:30pm Yoga – TP 6:30-7:30pm Zumba – CP & HO 6:30-7:30pm	Walking – SV 7-9am Food Pantry – TP 12-2pm Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30-7:30p Zumba – VC 7:00-8:00pm Slim Down Showdown – HO 7:30-8:30pm	Food Pantry – MS 10am- 12pm Food Pantry – SV 5:30- 7:30pm	29	Keep Austin Fed - VC 11am- 12pm