

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 October 2018 Food Pantry – HO 12-2pm Bootcamp Fitness – LS 6-7pm Zumba – TP 6:30-7:30pm	2 Stress Relief Painting – SV 11:15am-12:45pm Partners in Parenting 1-2:30pm Aerobics – TP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	3 Food Pantry – SWT 11am-1pm Boo the Flu Family Night – TP 5:30-7pm Zumba – HO 6:30-7:30pm	4 Walking – SV 8-10am Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30-7:30pm Zumba – VC 7:00-8:00pm Slim Down Show Down – HO 7:30-8:30pm	5 Food Pantry – SR 10:30am-12:30pm	6 Keep Austin Fed – SWT 10-11am	7
8 Food Pantry – LS 12:30-2:30pm Bootcamp Fitness – LS 6-7pm Aerobics – TP 6:30-7:30pm	9 Stress Relief Painting – SV 11:15am-12:45pm Partners in Parenting 1-2:30pm Food Pantry – CP 2-4pm Zumba – TP & SWT 6:30-7:30pm Zumba – VC 7-8pm	10 Food Pantry – DA 10:30am-12:30pm Chakra Y Aura Class – SR 10-11am Food Pantry – VC 5:30-7:30pm Boo the Flu Family Night – MS 6-7:30pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	11 Walking – SV 8-10am Food Pantry – TP 12-2pm Boo the Flu Family Night – VC 6-7:30pm Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30-7:30pm Slim Down Showdown – HO 7:30-8:30pm	12 Food Pantry – MS 10:30am-12:30pm Food Pantry – SV 5:30-7:30pm	13 Keep Austin Fed – SWT 10-11am	14 Keep Austin Fed – VC 11am-12pm
15 Food Pantry – HO 12-2pm Bootcamp Fitness – LS 6-7pm Aerobics – TP 6:30-7:30pm	16 Stress Relief Painting – SV 11:15am-12:45pm Zumba – TP & SWT 6:30-7:30pm Zumba – VC 7-8pm	17 Food Pantry – SWT 11am-1pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm Chakra Y Aura Class – SR 10-11am	18 Walking – SV 8-10am Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30-7:30pm Zumba – VC 7:00-8:00pm	19 Food Pantry – SR 10:30am-12:30pm	20	21
22 Food Pantry – LS 12:30-2:30pm Bootcamp Fitness – LS 6-7pm Aerobics – TP 6:30- 7:30pm	23 Stress Relief Floral Design – SV 11:15am-12:45pm Zumba – TP & SWT 6:30-7:30pm Zumba – VC 7-8pm	24 Food Pantry – DA 10:30am-12:30pm Chakra Y Aura Class – SR 10-11am Food Pantry – VC 5:30-7:30pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	25 Walking – SV 8-10am Food Pantry – TP 12-2pm Aerobics – HO 6:30-7:30pm Zumba – TP, SR, SWT 6:30-7:30p Zumba – VC 7:00-8:00pm Nutrition Class – TP 7:30-8:30pm	26 Food Pantry – MS 10:30am-12:30pm Food Pantry – SV 5:30-7:30pm	27	28 Keep Austin Fed – VC 11am-12pm
29 Bootcamp Fitness – LS 6-7pm Aerobics – TP 6:30- 7:30pm	30 Stress Relief Floral Design – SV 11:15am-12:45pm Food Pantry – CP 2-4pm Zumba – TP & SWT 6:30-7:30pm Zumba – VC 7-8pm	Happy Halloween! 31 Chakra Y Aura Class – SR 10-11am Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	Nov 1 	2 Food Pantry – SR 10:30am-12:30pm	3 Keep Austin Fed – SWT 10-11am	4

LOCATION KEY:

SR – Sierra Ridge CP – Cardinal Point CR – Crossroads DA – Daffodil HO – Homestead Oaks LS – Lakeline Station MS – M Station
 SV – Sierra Vista SWT – Southwest Trails TP – Trails at the Park VC – Vintage Creek *FREE Childcare ages 3 and up for all classes
 *Boo the Flu events – Free Flu shots for 6 months and up