

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
January 2019	1	2 Food Pantry – SWT 11am-1pm	3 Walking – SV 8-10am	4 Food Pantry – SR 10:30am-12:30pm	5 Keep Austin Fed – SWT 10-11am	6 Keep Austin Fed – VC 11am-12pm
	7 Food Pantry – HO 12-2pm Aerobics – TP 6:30-7:30pm	8 Food Pantry – CP 2-4pm Yoga – CP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	9 Fitness Foundations Class – LS 8-9am Food Pantry – DA 10:30am-12:30pm Food Pantry – VC 5:30-7:30pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	10 Walking – SV 8-10am Food Pantry – TP 12-2pm Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	11 Food Pantry – MS 10:30am-12:30pm Food Pantry – SV 6-8pm	12
14 Food Pantry – LS 12:30-2:30pm Aerobics – TP 6:30-7:30pm	15 Food Pantry – CR 4-6pm Yoga – CP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	16 Fitness Foundations Class – LS 8-9am Food Pantry – SWT 11am-1pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	17 Walking – SV 8-10am Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	18 Food Pantry – SR 10:30am-12:30pm	19 Keep Austin Fed – SWT 10-11am	20 Keep Austin Fed – VC 11am-12pm
21 Food Pantry – HO 12-2pm	22 Food Pantry – CP 2-4pm Yoga – CP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	23 Fitness Foundations Class – LS 8-9am Food Pantry – DA 10:30am-12:30pm Food Pantry – VC 5:30-7:30pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	24 Walking – SV 8-10am Food Pantry – TP 12-2pm Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	25 Food Pantry – MS 10:30am-12:30pm Food Pantry – SV 5:30-7:30pm	26	27
28 Food Pantry – LS 12:30-2:30pm Aerobics – TP 6:30-7:30pm	29 Yoga – CP 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	30 Fitness Foundations Class – LS 8-9am Health Fair & Screenings – LS 2-4pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	31 Walking – SV 8-10am Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm			

LOCATION KEY: CP – Cardinal Point CR – Crossroads DA – Daffodil HO – Homestead Oaks LS – Lakeline Station MS – M Station
SR – Sierra Ridge SV – Sierra Vista SWT – Southwest Trails TP – Trails at the Park VC – Vintage Creek
*FREE Childcare ages 3 and up for most classes