

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
1 Food Pantry – HO 12-2pm <u>Que hacer en caso de una Emergencia Medica – DA 6-8pm</u> Aerobics – TP 6:30-7:30pm	2 Walking – SV 8-10am Healthy Living w/ Vegetables and Fruits – SR 11am-12:30pm Food Pantry – CR 4-6pm Yoga – CP 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	3 Fitness Foundations Class – LS 8-9am Food Pantry – SWT 11am-1pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	4 Walking – SV 8-10am <u>Manejo de Finanzas – SR 11am-12pm</u> Food Pantry – TP 12-2pm Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	5 Food Pantry – SR 10:30am-12:30pm	6 Keep Austin Fed – SWT 10-11am	7	
8 Food Pantry – LS 12:30-2:30pm Aerobics – TP 6:30-7:30pm Health Fair - HO 6:30-8:30pm	9 Walking – SV 8-10am Healthy Living w/ Vegetables and Fruits – SR 11am-12:30pm Food Pantry – CP 2-4pm Yoga – CP 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	10 Fitness Foundations Class – LS 8-9am Food Pantry – DA 10:30am-12:30pm Food Pantry – VC 5:30-7:30pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	11 Walking – SV 8-10am <u>Manejo de Finanzas – SR 11am-12pm</u> Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	12 Food Pantry – MS 10:30am-12:30pm A&M Agrilife Nutrition Class – CP 1-2pm Food Pantry – SV 6-8pm	13	14 Keep Austin Fed – VC 11am-12pm	
15 Food Pantry – HO 12-2pm <u>Tipos de Medicamentos – DA 6-8pm</u> Aerobics – TP 6:30-7:30pm	16 Walking – SV 8-10am Food Pantry – CR 4-6pm Yoga – CP 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	17 Fitness Foundations Class – LS 8-9am Food Pantry – SWT 11am-1pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	18 Walking – SV 8-10am <u>Manejo de Finanzas – SR 11am-12pm</u> Food Pantry – TP 12-2pm Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	19 Foundation Communities <u>CLOSED</u>		20 Keep Austin Fed – SWT 10-11am	21
22 Food Pantry – LS 12:30-2:30pm <u>Consecuencias del Colesterol y la Diabetes – DA 6-8pm</u> Aerobics – TP 6:30-7:30pm	23 Walking – SV 8-10am Healthy Living – SR 10am-11:30am Food Pantry – CP 2-4pm Yoga – CP 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm	24 Fitness Foundations Class – LS 8-9am Food Pantry – DA 10:30am-12:30pm Food Pantry – VC 5:30-7:30pm Yoga – TP 6:30-7:30pm Zumba – HO 6:30-7:30pm	25 Walking – SV 8-10am Aerobics – HO 6:30-7:30pm Zumba – SWT 6:30-7:30pm Zumba – VC 7-8pm	26 Food Pantry – MS 10:30am-12:30pm A&M Agrilife Nutrition Class – CP 1-2pm Food Pantry – SV 6-8pm	27	28 Keep Austin Fed – VC 11am-12pm	
29 Aerobics – TP 6:30-7:30pm	30 Walking – SV 8-10am Healthy Living – SR 10am-11:30am Yoga – CP 6:30-7:30pm Zumba – TP 6:30-7:30pm Zumba – VC 7-8pm		April 2019				

LOCATION KEY: CP – Cardinal Point CR – Crossroads DA – Daffodil HO – Homestead Oaks LS – Lakeline Station MS – M Station
 SR – Sierra Ridge SV – Sierra Vista SWT – Southwest Trails TP – Trails at the Park VC – Vintage Creek *FREE Childcare ages 3 and up for most classes