



Introducing **Care Cards** – an opportunity to brighten your day and someone else’s, too!

You probably know from experience that receiving a simple handwritten note can put a smile on your face and go a long way to lift your mood. We are asking you to put pen to paper and share some simple, kind words with someone who lives at one of our 7 permanent supportive housing communities around Austin.

You could include an inspiring quote, a short poem, draw a picture, or share an affirmation. You could also include a resource like a fun website to visit, a writing prompt, or a simple activity. Take this as an opportunity to get creative or keep it very simple if that is what you’re feeling.

- A simple postcard size or smaller works great, but you can use what you have.
- Please keep your language general for anyone to enjoy. These are not personalized notes.
- Please avoid language specific to any one religion or viewpoint, rather focus on what connects us all as humans, regardless of any specific set of beliefs.

The more cards, the better! You can fill a manila envelope with individual notes and **mail it to:**

**Mission Plaza - Foundation Communities**  
**Attn: Volunteer Engagement**  
**3000 S. IH 35 Frontage Road, Suite 300**  
**Austin, TX 78704**

Care Cards are added to grocery deliveries for residents which are provided in partnership with the Central Texas Food Bank.