

# Community Resources

## Finding a job

- **Foundation Communities:** call 737-717-4000 to schedule an appointment with our job coach
- **Goodwill Resource Center:** call 512-681-3301 to schedule an appointment
- **American Job Centers:** call 1-877-872-5627 to schedule an appointment
- **Texas Workforce Commission:** call 1-(800) 558-8321
- **HIREDTexas:** meetings are on Tuesdays @10:00 AM at Grace Presbyterian Church Round Rock
- **Job Seekers Network:** faith-based, meetings are on Zoom Mondays @9:30 AM
- **Launchpad Job Club:** meetings are on Zoom @9:30 AM on Fridays.
- **Dress for Success:** provides women professional clothing, career coaching, and financial education. (512) 389-3723

## Finding food

- **Mission Plaza Food Pantry:** Wednesdays + Thursdays from 3-5pm by appointment only, call 512-537-2692 for more information
- **City-wide Food Pantry Information:** call 211
- **Central Texas Food Bank:** food pantry and help with applying for food stamps and have a food delivery program: 512-684-2559
- **SNAP:** call 1-877-541-7905

## Finding Childcare

- **Work Force Solution's Child Care Services:** call 512-597-7191
- **YMCA Greater Austin:** call 512-326-1222

## Finding Mental Health or Substance Abuse help

- **Integral Care Crisis Hotline open 24/7:** call 512-472-4357
  - o Or visit the walk-in clinic at 1165 Airport Blvd., Second Floor
- **A New Entry:** call 512-464-1250
  - o Or visit in person at 1808 Webberville Rd.
- **Crisis Text Line:** Text 741741 to connect with a Crisis Counselor. Free 24/7 support.
- **Domestic Violence Help:** 800-374-HOPE

## Finding Affordable Health Care

- **Central Health:** call 512-978-8130 to get connected to affordable health care providers
  - o Or visit in-person at 1111 East Cesar Chavez St.
- **Project Access:** call 512-206-1164 for more information

- Or visit in-person at 6400 E. U.S HWY 290 Suite 202
- **Foundation Communities:** call 512-381-4520 for more information (until January 15)
- **MAP:** medical care for TrCo residents with low-income. 512-979-8130
- **Prescription Hope:** medication cost assistance - 877-296-4673
- **Rx Assistance Programs:** medication cost assistance - 855-469-8979
- **Manos de Cristo Dental Center:** dental care at highly reduced rates - call 512-477-2319
  - Or visit 4911 Harmon Ave

### Utility Assistance

- **Austin Energy:** visit [austinbillhelp.com](http://austinbillhelp.com) and complete the application for assistance paying your bill, call 737-717-4000 for assistance with the application

### Other Resources

- **Call 211:** Free, confidential, multilingual, and available 24/7, get connected to more than 30,000 resources
- **Visit [unitedwayaustin.org/connectatx](http://unitedwayaustin.org/connectatx):** access resources directly by zip code
- **Call 737-717-4000:** schedule an appointment with a Foundation Communities Financial Coach or get free Tax help
- **Austin Diaper Bank:** diapers for babies and adults, menstrual and post-partum supplies. Visit <https://www.austindiapers.org/get-help.html> for locations and times

### Internet, Phone, and Computers

- **ATandT Access:** Low-cost Internet for people participating in SNAP/NSLP programs or by income <https://accessatt.solixcs.com/#/home>
- **Freedompop:** Mobile phone services <https://www.freedompop.com/plans>
- **The ON IT Foundation:** Free computers, computer training and Internet to low-income families with students in grades K-12 that receive a free or reduced school lunch and attend a public school 305-244-6454
- **human-I-T:** Low-cost internet and technology for eligible low-income households 888-268-3921