



# Need Support? We're Here for You.

**FREE support for Foundation Communities residents.**



**Emotional support &  
someone to talk to**



**Stress, parenting &  
life skills support**



**Scan with your phone camera to get connected**



**Help finding resources  
& services**



**Support that works  
and case management**

## Properties Served

Lamar Square • Lakeline • Cardinal Point • Laurel Creek  
M Station • Vintage Creek • Jordan at Mueller • Sierra Vista • Sierra Ridge  
Southwest Trails • Live Oak • Homestead Oaks • Daffodil • Juniper Creek  
Norman Commons

# Community Support Services (CSS)

[CSS@foundcom.org](mailto:CSS@foundcom.org) 737-267-5551

# COMMUNITY SUPPORT SERVICES

## CSS

SUPPORTING MENTAL HEALTH, STABILITY, AND LONG-TERM SUCCESS FOR RESIDENTS AND FAMILIES

### YOUTH DEVELOPMENT & CLINICAL SERVICES

- Weekly Learning Center (LC) rotations focused on case consultation & training needs
- Targeted support for specific behavioral and relational challenges
- Trainings in Social Emotional Learning and Trauma-Informed Environments
- Student Therapy and Behavior Consultation

### CASE MANAGEMENT

- Needs assessments and individualized goal setting
- Referrals to internal and community-based resources
- Assistance with applications and service navigation
- Ongoing client check-ins and support
- Skill-building sessions focused on stability and independence
- Reduction of duplicated services through coordinated care

### ADULT & FAMILY CLINICAL SERVICES

- Short-term, solution-focused therapeutic support
- Referrals to contract counseling providers
- Ongoing coordination, progress monitoring, and billing oversight
- Facilitation of staff trainings
- Support groups and skill-building groups for residents

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### Key Focus Areas

Trauma-informed care • Healthy boundaries • Mindfulness • Stress reduction • Unconscious bias • Substance use • Domestic violence • Parenting • Life skills • Support groups • Resource coordination • Conflict processing • Behavior plans • Staff support



For information or self-referrals:

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