



Need Support? We're Here for You.

FREE support for Foundation Communities residents.



**Emotional support &
someone to talk to**



**Help finding resources
& services**



**Stress, parenting &
life skills support**



**Support that works
and case management**

Properties Served

Lamar Square • Lakeline • Cardinal Point • Laurel Creek
M Station • Vintage Creek • Jordan at Mueller • Sierra Vista • Sierra Ridge
Southwest Trails • Live Oak • Homestead Oaks • Daffodil • Juniper Creek
Norman Commons

Community Support Services (CSS)

CSS@foundcom.org 737-267-5551

COMMUNITY SUPPORT SERVICES

CSS

SUPPORTING MENTAL HEALTH, STABILITY, AND LONG-TERM
SUCCESS FOR RESIDENTS AND FAMILIES

YOUTH DEVELOPMENT & CLINICAL SERVICES

- Weekly Learning Center (LC) rotations focused on case consultation & training needs
- Targeted support for specific behavioral and relational challenges
- Trainings in Social Emotional Learning and Trauma-Informed Environments
- Student Therapy and Behavior Consultation

CASE MANAGEMENT

- Needs assessments and individualized goal setting
- Referrals to internal and community-based resources
- Assistance with applications and service navigation
- Ongoing client check-ins and support
- Skill-building sessions focused on stability and independence
- Reduction of duplicated services through coordinated care

ADULT & FAMILY CLINICAL SERVICES

- Short-term, solution-focused therapeutic support
- Referrals to contract counseling providers
- Ongoing coordination, progress monitoring, and billing oversight
- Facilitation of staff trainings
- Support groups and skill-building groups for residents

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Key Focus Areas

Trauma-informed care • Healthy boundaries • Mindfulness • Stress reduction • Unconscious bias •
Substance use • Domestic violence • Parenting • Life skills • Support groups • Resource coordination
• Conflict processing • Behavior plans • Staff support



For information or self-referrals:

✉ CSS@foundcom.org
📞 737-267-5551

